

## **Esophageal Workup & Testing SmartPill Study**

SmartPill is a single-use capsule that you swallow which *travels through your GI tract and wirelessly transmits data about your GI tract to a recorder worn on a belt clip or pouch*. The data collected allows your *physician to thoroughly evaluate the transit time of your entire GI tract without using radiation*. Ingestion of the capsule does not require sedation, thus after swallowing; you are able to resume most of your normal daily activities while test data is collected.

### **Prior to the Exam**

Discontinue all of the following medications:

**7 days prior** to appointment date/ time: Stop taking PPI's

Aciphex (Rabeprazole), Dexilant (Dexlansoprazole), Nexium (Esomeprazole), Prevacid (Lansoprazole) Prilosec (Omeprazole), Protonix (Pantoprazole), Zegrid

**48 hours prior** to appointment time: Stop taking H2 Blockers

Axid (Nizatidine), Pepcid (Famotidine), Tagamet (Cimetidine), Zantac (Ranitidine)

**48 hours prior** to appointment time: Stop taking Motility Agents

Benzamide, Cinitapride, Cisapride, Domperidone, Erythromycin, Itopride, Levosulpiride, Mosapride, Metoclopramide, Mirtazapine, Mitemcinal, Prucalopride, Renzapride, Tegaserod

**24 hours prior** to appointment time: Stop taking Antacids

Alka-Seltzer, Alka-2, Alternagel, Amphojel, Gaviscon, Gelusil, Maalox, Milk of Magnesia Mylanta, Pepto-Bismol, Rolaids, Surpass Gum, Titalac, TUMS

Refrain from alcohol consumption 24 hours prior to appointment time.

Refrain from smoking during your fasting period.

**IMPORTANT:** You must fast overnight before your appointment. Please do not eat or drink anything after 12 midnight. Nothing at all to eat or drink the morning of the exam.

**Diabetic Patients:**

Do not take oral diabetic medication (pills) the day of the appointment

If insulin is used at bedtime, take half of your usual dose.

If insulin is used twice a day, take half of your morning dose on the day of the exam.

Food Allergies: You will be given a SmartBar granola bar to eat for breakfast before capsule ingestion. The SmartBar contains a small amount of Gluten. It does not contain Lactose. Although it does not contain nuts, it is manufactured in a facility that processes nuts. Please inform the staff prior to your test date if you have any allergies to any of these ingredients