

Esophageal Workup & Testing SmartPill Study

SmartPill is a single-use capsule that you swallow which *travels through your GI tract and wirelessly transmits data about your GI tract to a recorder worn on a belt clip or pouch*. The data collected allows your *physician to thoroughly evaluate the transit time of your entire GI tract without using radiation*. Ingestion of the capsule does not require sedation, thus after swallowing; you are able to resume most of your normal daily activities while test data is collected.

Prior to the Exam

Discontinue all of the following medications:

7 days prior to appointment date/ time: Stop taking PPI's

Aciphex (Rabeprazole), Dexilant (Dexlansoprazole), Nexium (Esomeprazole), Prevacid (Lansoprazole) Prilosec (Omeprazole), Protonix (Pantoprazole), Zegrid

48 hours prior to appointment time: Stop taking H2 Blockers

Axid (Nizatidine), Pepcid (Famotidine), Tagamet (Cimetidine), Zantac (Ranitidine)

48 hours prior to appointment time: Stop taking Motility Agents

Benzamide, Cinitapride, Cisapride, Domperidone, Erythromycin, Itopride, Levosulpiride, Mosapride, Metoclopramide, Mirtazapine, Mitemcinal, Prucalopride, Renzapride, Tegaserod

24 hours prior to appointment time: Stop taking Antacids

Alka-Seltzer, Alka-2, Alternagel, Amphojel, Gaviscon, Gelusil, Maalox, Milk of Magnesia Mylanta, Pepto-Bismol, Rolaids, Surpass Gum, Titalac, TUMS

Refrain from alcohol consumption 24 hours prior to appointment time.

Refrain from smoking during your fasting period.

IMPORTANT: You must fast overnight before your appointment. Please do not eat or drink anything after 12 midnight. Nothing at all to eat or drink the morning of the exam.

Diabetic Patients:

Do not take oral diabetic medication (pills) the day of the appointment

If insulin is used at bedtime, take half of your usual dose.

If insulin is used twice a day, take half of your morning dose on the day of the exam.

Food Allergies: You will be given a SmartBar granola bar to eat for breakfast before capsule ingestion. The SmartBar contains a small amount of Gluten. It does not contain Lactose. Although it does not contain nuts, it is manufactured in a facility that processes nuts. Please inform the staff prior to your test date if you have any allergies to any of these ingredients